



OONAH

ABORIGINAL HEALTH AND COMMUNITY SERVICES

DATES TO REMEMBER

Podiatry

Friday 15th September

Friday 13th October

Optometry

Friday 15th September

Friday 27th October

School Holidays

16th September

to

1st October

AFL Grand Final

Public Holiday

29th September

OONAH Programs

Earth, Heart, Spirit

Tuesday's

10:00 am - 12:00 pm

Youth Club

Wednesday's

3:30 pm - 5:30 pm

Playgroup

Friday's

10:00 am - 12:00 pm

Craft Group

Friday's

10:00 am - 12:30 pm

Tucker Bag

Friday's

12:30 pm - 3:00 pm

Wominjeka Warriors

Friday's

2:30 pm - 4:00 pm

Youth Club



We were privileged to welcome Brooke Wandin during the first two sessions of Term 3 at Oonah. Brooke generously shared her insights into the Woi Wurrung language, teaching us how to count up to five and identify various body parts. To aid our memory retention, she ingeniously made memory cards showcasing these words. The youth had a blast playing memory games using the Woi Wurrung cards.

A highlight of every term is our excursion to Badger Weir, where Darren Wandin imparts his wisdom about traditional plant uses and other botanical knowledge. This experience is scheduled once again for August 30th.

Looking ahead, we have an exciting lineup of activities planned. A cultural games afternoon is in the works. The Youth Clubs' journey of exploration and education continues to thrive, fostering a deep appreciation for cultural learning and collaboration.

Youth Club is for Aboriginal and/or Torres Strait Islander identified children, primary school aged kids.

Wednesday
3:30 PM TO 5:30 PM

For more information please email
youth@oonah.org.au

NEWSLETTER ISSUE FOUR 2023

Playgroup



As Term 2 came to a close, Playgroup enjoyed a thrilling finale with a captivating visit from Wild Action Zoo. Our young learners had the incredible opportunity to meet a diverse array of Australian animals up close. From furry friends to slithery companions, the children were able to touch, and even hold, a python! It was a memorable experience that brought the wonders of our wildlife right to our Playgroup.

Launching into Term 3, Playgroup had a special guest, Cathy Nolan. The session was filled with joyous moments as we danced, sang along, and played instruments together. Cathy's visits are always eagerly anticipated. Laughter and music echoed through our Playgroup.

Lea, Kayla, and Chloe orchestrated a valuable event catering to our Aboriginal and Torres Strait Islander parents/carers. The focus was on baby first aid training, equipping attendees with vital skills and confidence to provide immediate care to newborns and children. The session was a resounding success, nurturing a safer environment for our young ones and strengthening our Playgroup community.

Walkin' & Talkin' Together Project



On the 9th of August, which marks the International Indigenous Day of the World's Peoples, the Walkin' & Talkin' Project was revealed. Despite a chill in the air, the sun cast its warm glow as Jenine ceremoniously cut the ribbon to commemorate the opening, in the presence of several guests. Come over for a delightful stroll through this newly unveiled area.

Welcome

Rachael

Executive Assistant

My name is Rachael, but I go by Rach. I have joined Oonah as the Executive Assistant to Chief Executive Officer. I have over 25 years of experience as an Executive Assistant in a variety of industries. I am a busy step-mum to two children, Campbell who is just turned 16 and is into Football, Basketball and Guitar and Taylor who is 13 and she is into Volleyball for State, Greater Victoria and local club and also loves Go Karting where she competes each term. I love to be kept busy, so I am a Junior Events Coordinator and Awards Coordinator for my local Football Club. I am looking forward to working with Amanda and the team and what challenges are thrown at me.

Health & Wellbeing Services



Stepped Care Program:

Supporting the Social & Emotional Well-being of our Aboriginal Community Members.

Best Start

Best Start is a prevention and early intervention program that aims to improve the health, development, learning and wellbeing of all Victorian children from conception through to transition to school.

NDIS Access & Support

Assisting with NDIS applications for Community members in the Inner and Outer Eastern Melbourne areas.

AOD

Providing a safe space for Community members to have a yarn, and realise their goals - whether it is their own current use or someone they are worried about.

Bringing them Home

Assist/support clients through the process of finding their family history/mob. Can also aid in gathering information for Confirmation of Aboriginality applications.

SEWB/Mental Health Clinicians

Supporting clients with their healing journey through a holistic approach to social and emotional well being and specialised mental health services.

Other health services include:

Paediatrician (Weekly)
Optometry (Monthly)
Audiology (Monthly)
Podiatry (Monthly)



@OonahBelongingPlace



Oonah Health & Community
Services Aboriginal
Corporation

OONAH
03 5962 2940



oonah@oonah.org.au

The Board of Oonah Health & Community Services Aboriginal Corporation would like to acknowledge the traditional custodian of the land, the Wurundjeri, and pay their respect to their Elders, past, and present.