

OONAH

ABORIGINAL HEALTH AND COMMUNITY SERVICES

DATES TO REMEMBER

Paddle Boarding

Thursday 20th April

Optometry

Friday 21st April

Podiatry

Friday 28th April

Welcome Baby to Country

Saturday 29th April

OONAH Programs

Young Women's

Monday 4:15 pm-6:15 pm

Wominjeka Warriors

Friday 2:30 pm-4 pm

Earth, Heart, Spirit

Tuesday's 10:00am -
12:00 pm

Youth Club

Wednesday's 3:30 pm-
5:30 pm

Playgroup

Friday's 10:00 am-12:00 pm

Craft Group

Friday's 10:00 am-12:30 pm

Tucker Bag

Friday's 12:30 pm-3:00 pm

NEWSLETTER ISSUE TWO 2023

Healesville Football Club Sign



It's wonderful that Oonah has received support from members of the local Community in the form of a new sign!

Collaborating with others in the Community is a great way for us to build strong relationships and promote the important work that we do.

Toby the president of the Healesville Football Club was willing to contribute his time and resources to help make this happen.

I hope that the new sign will not only bring attention to Oonah but also help spread awareness about the valuable services that we provide.

Woori Yallock Primary School National Close the Gap Day

Woori Yallock Primary School students had a free dress day to raise awareness for Close the Gap Day on March 16th and were able to raise \$483 for Oonah. We would like to thank the staff and students at Woori Yallock Primary School for their wonderful donation. It's inspiring to see young people taking action to support important causes in their community.

Earth Heart Spirit



Earth Heart Spirit have had a wonderful start to the year. They have enjoyed a variety of sessions which included a tour of Koori Heritage Trust in Melbourne, paint your story on canvas with Nina, Ibijerri Theatre Company "Goodbye Aunty Flo" and weaving with Amanda Hoskins. Coming up at the end of the month is a Bush Tucker Workshop.

Earth Heart Spirit is a program for Aboriginal and/or Torres Strait Islander women.

Tuesday's at Oonah 1A Badger Creek Rd , Healesville 10 am - 12 pm

Young Women's Group

The Young Women's Program will be returning in May. This program is for teenage girls in Community who want to learn more about their Culture, connect and strengthen their self-determination

This term's program activities include painting your story and smudge sticks with Nina, Young Luv Workshop, jewellery making and cooking classes.

**Contact Melissa to find out more
Phone: 0400 567 090**

Welcome

Caitlin

"My name is Caitlin (Caitie Mac) and I am a Wiradjuri woman living here on Wurundjeri land. I am so excited to begin my venture at OONAH working to assist Oonah in continuing down the path of becoming an ACCHO in Melbourne's East. I am living in South Yarra on weekends and in Healesville during weekdays while working at the OONAH office; I originally lived in Healesville throughout my schooling and I am excited to be back and assist to create a Culturally safe and inclusive Community. I am ready to learn, work through challenges and make connections with Culture and the local Community."

Nikki

Hello Everyone, My name is Nikki Rongong and I just started here at Oonah as the new Executive Manager Corporate Services I've already received such a warm welcome in the couple of weeks of being here and I am really excited to be working with you all.

I live in Wadawurrung Country which is a long way from our offices in Healesville. I have been in the Not for Profit area for over 14 years in Australia Primarily in Health and Aged Care and prior to that I ran a NFP overseas, with some 10 years of corporate work in between. I hope to be able to translate all that experience into supporting Oonah, especially in this time of great and exciting growth.

\$250 Power Saving Bonus



The Power Saving Bonus is a \$250 payment for Victorian households to help ease cost-of-living pressures and encourage them to compare energy offers and save money.

The Bonus is available to all Victorian households who visit the Victorian Energy Compare website. For more information go to: <https://compare.energy.vic.gov.au>

Wills and Power of Attorney Information Day

Oonah will be hosting a Wills and Power of Attorney Information Session.

Why have a Will?

Having a Will allows you to take control of how your assets pass on after your death.

Putting in place enduring powers of attorney allows you to appoint people to make decisions in the event you are unable to.

Having an appointment of a medical treatment decision maker allows you to appoint a 'decision maker' who will make medical treatment decisions when you no longer have the ability to make decisions for yourself.

Tuesday 30th May at 10 am
Oonah Belonging Place
1a Badger Creek Rd Healesville

School Holiday Programs



Surfing Victoria Paddle Boarding


Surfing Victoria Paddle Boarding with Jordie Campbell
This event is for Secondary School young people who identify as Aboriginal and/or Torres Strait Islander
Thursday 20th April, Lilydale Lake
Time: First Session at 12pm-1:15pm Second Session at 1:30pm-2:45pm

Reclink Games Day

Oonah and Reclink will be holding a Games Day at Lilydale Lake during the school holidays.
Thursday 13th April, Lilydale Lake
Grass area in front of the Community Room
12 pm -2 pm
Ages 10-17
Light refreshments provided
This event is for young people who identify as Aboriginal and/or Torres Strait Islander.

RSVP: 12th April

To register please contact
Phone: 0487 888 655
Email: youth@oonah.org.au

 Oonah Health & Community Services Aboriginal Corporation

 @OonahBelongingPlace



OONAH
03 5962 2940
admin@oonah.org.au

The Board of Oonah Health & Community Services Aboriginal Corporation would like to acknowledge the traditional custodian of the land, the Wurundjeri, and pay their respect to their Elders, past, and present.

